

Terms of Service & License – Bright Side Health

Effective Date: 16/01/2026

Welcome to Bright Side Health. By accessing or purchasing our digital products, including the Root Reset System, you agree to these Terms of Service (“Terms”). Please read them carefully. These Terms govern your use of our products, services, and website.

1. Acceptance of Terms

By using our services, you acknowledge that you have read, understood, and agree to be bound by these Terms. If you do not agree, do not access or use our products or services.

2. Eligibility

Our digital wellness products are intended for adults 18 years or older. By using our services, you confirm that you meet this age requirement.

3. Products and Services

Bright Side Health provides digital wellness programs, guides, tools, and resources designed to support health, nutrition, and lifestyle improvement. While we provide guidance for wellness, our programs are not a substitute for professional medical advice, diagnosis, or treatment.

Always consult a licensed healthcare provider before making significant changes to your diet, exercise, or health routines.

4. Purchase and Payment

- All purchases are processed through secure payment providers.
- Prices are listed in USD and include applicable fees unless stated otherwise.
- Once payment is completed, access to digital products is instant and non-reversible, except as outlined in our Return & Refund Policy.

5. License & Usage

By purchasing digital products from Bright Side Health, you are granted a limited, non-exclusive, non-transferable license to access and use the content for personal, non-commercial purposes.

You may:

- Access, view, and use the digital content on your devices.
- Print limited copies for personal use.

You may not:

- Sell, share, distribute, or license the content to third parties.
- Use the content for commercial purposes without prior written consent.
- Reverse engineer, reproduce, or create derivative works based on our products.

All intellectual property rights, including copyrights, trademarks, and content, remain solely with Bright Side Health.

6. Lifetime Use & Access

Products are sold with lifetime access for personal use. Bright Side Health reserves the right to update, modify, or discontinue content at any time. Users will have access to the latest versions through the platform provided.

7. User Responsibility

You are responsible for:

- Maintaining the confidentiality of your account and login details.
- Using the content safely and responsibly.
- Not engaging in illegal or unauthorized activity related to the products.

8. Disclaimers

- Bright Side Health products are provided “as-is” and for educational purposes only.
- We do not guarantee specific results, weight loss, or health outcomes.
- Any reliance on the information provided is at your own risk.

9. Limitation of Liability

To the maximum extent permitted by law, Bright Side Health is not liable for any direct, indirect, incidental, or consequential damages arising from your use of our products or services. This includes any injury, health outcome, or financial loss.

10. Refunds and Returns

All refund requests are handled according to our Return & Refund Policy – Bright Side Health. Please review that policy for full details.

11. Governing Law

These Terms are governed by and construed in accordance with the laws of Kenya, without regard to conflict of law principles.

12. Modifications to Terms

Bright Side Health reserves the right to update or revise these Terms at any time. Continued use of our products after modifications constitutes acceptance of the updated Terms.

13. Contact Information

For questions regarding these Terms or our services:

Bright Side Health

Email: [**brightsidehealth4@gmail.com**](mailto:brightsidehealth4@gmail.com)

By purchasing or using Bright Side Health products, you acknowledge that you have read, understood, and agree to these Terms of Service and the License & Usage rules.