

# TERMS OF SERVICE

## Terms of Service

By purchasing, accessing, or using any content, programs, or services provided by Victoria\_Fitnessor (“Company,” “we,” “us”, “Alvic Fitness LLC”), you agree to the following terms:

### 1. Eligibility

You must be at least 18 years old or have parental/guardian consent.

### 2. No Medical Advice

All content, including workouts, meal plans, and guides, is for informational and educational purposes only. It is not medical advice and is not intended to diagnose, treat, cure, or prevent any condition.

### 3. Assumption of Risk

You acknowledge that participation in fitness activities involves risks, including but not limited to injury, illness, or death. You voluntarily assume all risks associated with participation.

### 4. Health Responsibility

You agree to consult with a physician before beginning any fitness, nutrition, or supplement program. You confirm that you are physically able to participate.

### 5. Limitation of Liability

To the fullest extent permitted by law, Victoria\_Fitnessor/Alvic Fitness LLC shall not be liable for any injuries, damages, losses, or claims arising from use of our content or services.

### 6. No Guarantees

Results are not guaranteed. Outcomes vary based on individual effort, health, and other factors.

### 7. Intellectual Property

All content is owned by Victoria\_Fitnessor/Alvic Fitness LLC and may not be copied, shared, resold, or distributed without permission.

### 8. Governing Law

These terms are governed by the laws of the State of Florida.

### 9. Dispute Resolution

Any disputes shall be resolved through binding arbitration in Florida.

By purchasing or using our services, you acknowledge that you have read, understood, and agreed to these terms.