

Drivn – Terms & Conditions

Welcome to Drivn. We're genuinely excited you're here.

Before we start, please take 2 minutes to read this page. It keeps everything safe, honest and straightforward for both of us.

1. Your Health Comes First

Exercise is powerful medicine, but it carries risks – just like crossing the road or driving a car.

By joining Drivn you confirm that:

- You are in good health to exercise, OR you have written clearance from your GP if you have any medical conditions, are pregnant, postpartum, over 65, or take regular medication.
- You will stop immediately and seek help if you feel pain, dizziness, nausea, shortness of breath or anything unusual.
- You accept full responsibility for your own safety during every workout.

Our promise to you:

All programmes are designed by Level 3+ qualified personal trainers who follow industry best practice. We are fully insured and always act with your wellbeing in mind.

Legal bit (in plain English):

You release Drivn Limited and its team from any liability for injury or loss connected to your use of our services.

2. Nutrition Guidance – Important Disclaimer

Every meal plan, calorie target and supplement suggestion we provide is general guidance based on established sports-nutrition principles.

We are NOT doctors or registered dietitians.

Our advice is never medical or clinical in nature.

Please:

- Consult your GP or a registered dietitian before making significant dietary changes, especially if you have diabetes, eating disorders, food allergies, or take medication.
- Stop immediately if you experience adverse reactions.

3. Payments & Fair Cancellation

- Subscriptions renew automatically –
- Cancel anytime with two clicks in your account settings. No phone calls, no hard feelings..

4. Your Data – We Take It Seriously


We only collect what we need to deliver great coaching. Everything is stored securely in the UK.

5. Acceptance

By ticking “I accept” or making payment, you confirm:

- You are 18 or over (or have parental consent)
- You have read and agree to everything above
- This is your legal electronic signature

That's it. You're now part of the Drivn family.

Let's get to work,
Team Drivn 

Questions? Drivnn@gmail.com answered by a real person within 48hours.